

Henderson Park Disc Golf Course








Disc golf, also known as frisbee golf, is played like traditional golf. However, instead of hitting a ball with a club, players throw a disc from the tee pad to a metal basket. The aim of the game is to complete each hole in the fewest throws possible. The player with the lowest score wins.

! Safety first

Never throw a disc when other players or park users are within range.

Always give other park users the right of way.

Key

-  Disc golf tee green course
-  Disc golf basket (the target)
-  Park boundary
-  Opanuku Stream shared path
-  Opanuku Stream
-  Other paths
-  Toilet



Disc golf rules

General – Disc Golf is played like ball golf using a flying disc. One stroke is counted each time the disc is thrown and when a penalty is incurred. The object is to acquire the lowest score. The disc must be thrown from the ground directly below the unplayable lie with a one stroke penalty. Water hazards, car parks and roads are out of bounds. Return to course at point where disc went out of bounds. One stroke penalty.

Tee throws – each hole begins with a throw from the tee pad.

Lie – the spot where the disc lands.

Par – like ball golf, par is the average number of strokes required to complete each hole.

Fairway throws – must be made from the lie. A run-up and follow-through is permitted.

Throwing order – lowest score on the previous hole throws first. After teeing off, the player whose lie is furthest from the basket throws first.

Putting – within 10 metres of the basket the player may not step past the lie when attempting to throw.

Completion of hole – the hole is complete when the disc lands in the basket or chains.

Park courtesy – always give other park users the right of way. Respect the course – take home your rubbish and keep the park tidy. Use the toilet provided.

Thank you to: Course Designer Haydn Shore