Henderson Park Disc Golf Course

Safety first

Never throw a disc when other players or park users are within range.

Always give other park users the right of way.

Disc golf, also known as frisbee golf, is played like traditional golf. However, instead of hitting a ball with a club, players throw a disc from the tee pad to a metal basket. The aim of the game is to complete each hole in the fewest throws possible. The player with the lowest score wins.

Key

Disc golf tee green course

Disc golf basket (the target)

Park boundary

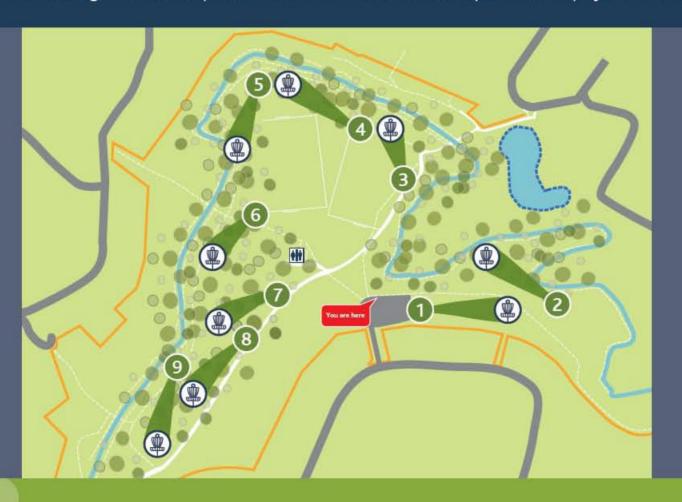
Opanuku Stream shared path

Opanuku Stream

----- Other paths

Toil

smokefree



Disc golf rules

General – Disc Golf is played like ball golf using a flying disc. One stroke is counted each time the disc is thrown and when a penalty is incurred. The object is to acquire the lowest score. The disc must be thrown from the ground directly below the unplayable lie with a one stroke penalty. Water hazards, car parks and roads are out of bounds. Return to course at point where disc went out of bounds. One stroke penalty.

Tee throws - each hole begins with a throw from the tee pad.

Lie – the spot where the disc lands.

Par – like ball golf, par is the average number of strokes required to complete each hole.

Fairway throws – must be made from the lie. A run-up and follow-through is permitted.

Throwing order – lowest score on the previous hole throws first.

After teeing off, the player whose lie is furthest from the basket throws first.

Putting – within 10 metres of the basket the player may not step past the lie when attempting to throw.

Completion of hole – the hole is complete when the disc lands in the basket or chains,

Park courtesy - always give other park users the right of way. Respect

the course – take home your rubbish and keep the park tidy. Use the toilet provided.

Thank you to: Course Designer Haydn Shore

