



Disc Golf is played much like traditional golf, however instead of a ball and clubs, players throw a flying disc into a basket. The sport was formalised in the 1970's and has been played in New Zealand since the 1980's.

The object of Disc Golf is to complete each hole in the fewest number of throws. A flying disc is thrown from the tee area towards a metal basket which is the hole. As a player progresses down the fairway, he or she must make each consecutive shot from where the previous throw has landed. The trees, shrubs and terrain in and around the fairway provide the challenging obstacles for the disc golfer. When the disc finally lands in the chains or baskets, the hole is complete.

Important Player Points:

- Respect other users of Caroline Bay giving them right of way.
- NEVER throw if there is a chance someone could get hit.
- If the basket is obstructed due to an event, please move on to the next basket.
- Please use caution around vehicles, machinery and children.

