



DiscGolf

Alfred Cox Park Gisborne

Instructions

A disc (more commonly known as a "frisbee") is the only piece of equipment required to play.

- DiscGolf is played like regular golf. Start from the tee off marker.
- Throw your disc towards the basket.
- One point is scored for every throw of the disc - try to reach the target in the least number of throws.
 - Each throw must be taken from where the disc lands.
 - Fill in the number of throws on the score card.
 - When playing in a group or with a friend, allow everyone to take their first throw from the tee off before having a second throw.
 - The disc that lands the furthest away from the target goes first.
 - Groups of people will take longer to finish so allow others to pass through that are faster.
 - You have finished the hole when your disc lands in the basket.
- Please show courtesy towards other park users.

Alfred Cox
Park

Grey Street

SITE